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Bullying behavior in vocational school (SMK) students in west sumatra province

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ABSTRACT

The problem of bullying in high school students in the province of West Sumatra, the problems in this study are what are the characteristics, factors, impacts, and efforts that have been made by tutors in overcoming bullying behavior? The method used is a descriptive research method that is used is survey research. The research data are counseling guidance teachers, students, classes, parents, and school principals. Data collection techniques, interviews, observation, and documentation. The intermediary data used are interview guidelines, observation results, larger, and absent research results, there are already internal ones such as wanting to be in power and being seen as great, high self-confidence, rebels against themselves, while external factors are, adoptive parents, social environment children, unable to accept what they are facing and encourage students to take bullying and have a negative impact. What has been done is to provide orientation services, individual counseling information services



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Introduction

Bullying has been going on for a long time but this problem is still a hot topic of discussion and has not found a clear spot (Juvonen & Graham, 2014). The existence of bullying seems to be underestimated, so maybe only a few are aware of the dangers of the existence of bullying (Menesini & Salmivalli, 2017). Even though the dangers of bullying can result in loss of life. Now is the time to raise awareness of various parties to overcome the problem (*bullying*) (Canales et al., 2018)

Bullying comes from the English word “bully” which means to bully or annoy. They can be physically or emotionally annoying (Canales et al., 2018). This bullying case should start to become a center of attention for educators and teachers because this problem continues to increase in levels and cases from year to year (Satriyo Utomo, 2020). Even President Susilo Bambang Yudhoyono views violence or bullying in schools as an attitude that has departed from human values and educational goals.

And in relation to character education and students' learning motivation, one of the quotes about verbal bullying can be described as follows, “Sticks and stones may break your bones but mean words can tear holes in your spirit”.

Being rejected or not being noticed by peers, bullying can affect the mental development of every individual who experiences it. As in the recent case, this happened to one of the Vocational High School students in West Jakarta. In (Detik.com Jakarta 2018) writes that:

The video of bullying against SMK students had gone viral on social media. The 45-second video showed some SMK students were surrounding a student who was wearing a white uniform. The student in a white uniform was abused by some other students. There was no resistance by the student in a white uniform. that. At the end of the video, the student is asked to kiss the hands of the students who bullied her.

Study results by bullying intervention experts, Lee et al., (2016), revealed that 10-60% of students in Indonesia reported being ridiculed, ridiculed, ostracized, beaten, kicked or pushed at least once a week, Reknes et al., (2019), Bullying is a situation where someone who is strong (either mentally or physically) suppresses, corners, harasses, and hurts someone who listens intentionally and repeatedly to show his power.(Zaborskis et al., 2018);(Haraldstad et al., 2019).

In this case the victim is unable to defend or defend himself because he is physically or mentally weak due to an attack by the perpetrator. Bullying is an act or intentional aggressive behavior, which is carried out by a group of people or a person repeatedly and from time to time. against victims who cannot defend themselves easily) or as a result of “systematic abuse of power/force”(Hewett et al., 2018);(Zachariadou et al., 2018).

From this case, it can be seen that basically bullying is an aggressive behavior that is intentionally carried out with certain motives (Bradshaw, 2015);(Veenstra et al., 2014). An aggressive behavior is categorized as bullying when the behavior has touched the psychological aspect of the victim (Modecki et al., 2014);(Einarsen et al., 2020). So, bullying is conscious behavior that is intended to hurt and create terror for others who are weaker. Based on information from supervising teachers at Vocational High Schools in West Sumatra, and from the results of pre-research, it was found that around 50% of students were bullied at school. Given the magnitude of the negative impact caused by bullying behavior. Therefore, researchers are interested in raising the issue of bullying to be a subject in this study

Method

The method used in this research is descriptive quantitative with purposive sampling technique with a research sample of 78 students. The instrument uses a bullying questionnaire that has been tested for validity, reliability and expert judge. Data analysis using descriptive analysis using the SPSS program.

Result and Discussion

Analysis of research data on bullying of SMK students in West Sumatra province can be seen in the following table:

Table. 1 Bullying Data

f	Category	Interval	%
3	Very High	169-200	3,8
17	High	137-168	21,8
32	Medium	105-136	41,0
18	Low	73-104	23,1
8	Very Low	≤72	10,3

Based on table 1. It can be seen that bullying in the very high category is 3.8%, bullying in the high category is 21.8%, then bullying in the medium category is at the largest percentage, namely 41.%. While bullying in the low and very low categories was at 23.1% and 10.3%. It can be concluded that the average bullying behavior is in the moderate category.

Bullying is one of the big problems that must be prevented because it can cause trauma to the victim so that it makes the lives of victims of bullying ineffective and students who become bullies need to be explored more deeply what is the background for bullying so that BK / Counselor teachers can take appropriate action. to tackle the problem of bullying. For this reason, BK teachers/Counselors need to provide optimal and comprehensive counseling services according to student needs by providing BK programs that are suitable for bullying prevention such as organizing orientation services, information services, distribution placement services, content mastery services, individual counseling services, group guidance services. , group counseling services, consulting services, mediation services, and advocacy services (Prayitno et al., 2017)

Conclusion

Based on the purpose of this study, the researchers revealed that overcoming students who do bullying behavior is by using three services that have been carried out by the supervising teacher, including orientation services that function as prevention, information services as a function of understanding to students, and individual counseling services that serve as alleviation / problem-solving.

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